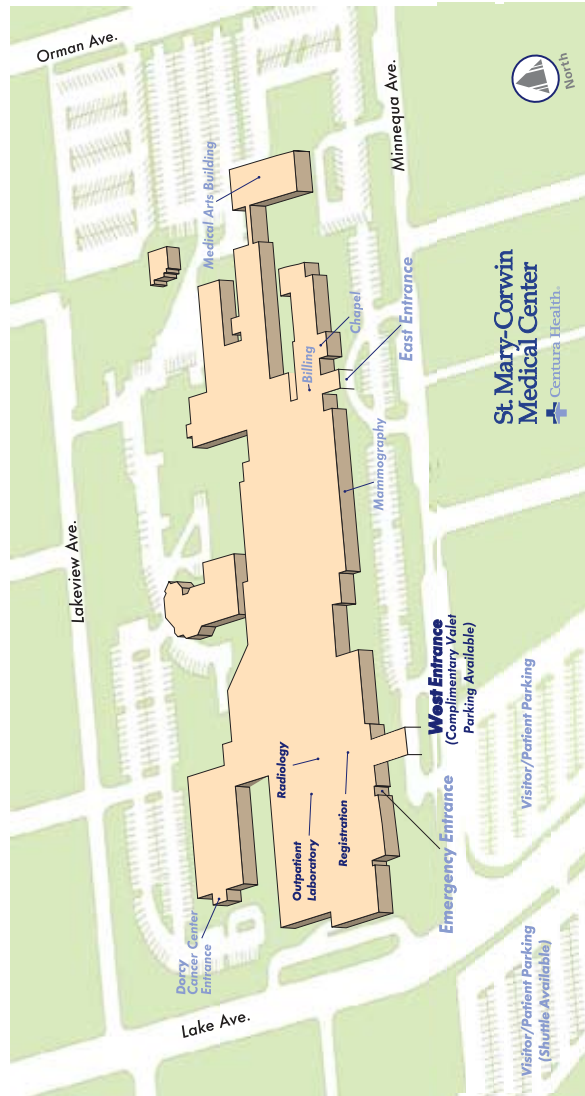




Welcome to St. Mary-Corwin Medical Center for your ultrasound. Ultrasound imaging is a painless medical exam that uses high-frequency sound waves to produce real-time images of your body's organs and blood flow through vessels. Ultrasound can also be used to monitor a baby's health and development during pregnancy. Ultrasound exams do not use X-rays.



**St. Mary-Corwin
Medical Center**


1008 Minnequa Avenue
 Pueblo, Colorado 81004
 Phone: 719-557-4000
 Toll Free: 800-228-4039
www.stmarycorwin.org

Name: _____

Appointment Date: _____

Appointment Time: _____

Important Information About Your Ultrasound



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Estimated time

Your procedure may take 30 to 45 minutes. However, plan to be at the hospital for up to two hours. Emergency room patients may delay your start time.

What to wear

Wear comfortable, washable clothing (like sweats). If you prefer, hospital gowns are available.

Coming to the hospital

Please arrive to the hospital 30 minutes early for registration. Enter the hospital through the west main entrance (see map on back panel). Check in at the registration desk and you will be sent to the radiology department. Bring your insurance card and a photo ID. Insurance co-payments are expected at time of service.

Parking

Parking at the hospital is limited. For your convenience, St. Mary-Corwin is pleased to provide free valet parking services at the west main entrance.

Pre-registration

You can save time by pre-registering online or by phone up to one day prior to your exam. To pre-register online, simply log onto stmarycorwin.org and select the pre-register icon. To pre-register by phone, call (719) 557-4444, press option #2.

Preparation

When your exam is scheduled, your health-care provider will give you instructions specific to your type of ultrasound. Some exams require a full bladder and others require fasting (no food or drinks). Some require no preparation.

Please drink 32 ounces of water one hour before the exam if you are scheduled for a: bladder, kidney, pelvic or fetal ultrasound.

No preparation is required for: carotid, extremity, groin, scrotal, and thyroid ultrasounds.

The following ultrasounds require specific instructions before the exam:

- ❑ **Abdomen, gallbladder or aorta:** Nothing to eat at least eight hours before the exam. Plain water is OK. Try to schedule a morning appointment.
- ❑ **Ultrasound guided procedure or biopsy (including paracentesis/thoracentesis):** You need blood drawn no more than three days before the procedure.* You may need to bring previous films if you have had an ultrasound done at different facility.
- ❑ **Pyloric Stenosis:** This is done on newborn to three-month-old babies. Don't feed the baby formula/milk 45 minutes prior to the exam. Bring a drink for the baby during the exam.

* If you have an artificial valve or vascular graft and you take the drug Coumadin, do not discontinue without consulting your doctor.

Laboratory

Your doctor may request blood work prior to your ultrasound procedure. If you need blood drawn, the lab is open 24 hours a day, seven days a week. No appointment is necessary. (See map on back panel).

Superior Service

St. Mary-Corwin Medical Center is home to southern Colorado's most innovative imaging technologies. Such advancements redefine the way doctors diagnose and treat many illnesses.

St. Mary-Corwin's radiology department features board-certified physicians, trained at institutions of excellence – compassionate specialists at the cutting-edge of diagnostic imaging. Our radiology technologists bring you the highest level of experience and expertise, and insure only the best imaging results are achieved.

St. Mary-Corwin also features the only team of radiology nurses in southern Colorado trained specifically for the imaging department. Radiology nurses demonstrate clinical skills and imaging technology knowledge to anticipate and plan for patient needs, enhancing patient care. Our quality of care offers you the best patient experience.